

## Tywardreath School Menu – Spring Term (2) 2025

Week One 24/02, 17/03	Week Two 03/03, 24/03	Week Three 10/03, 31/03
<p style="text-align: center;"><b>MONDAY</b>  <b>Jacket Potato Day</b>                      Cheese                      Beans                      Chilli  <b>Dessert</b> – Oaty Biscuits</p>	<p style="text-align: center;"><b>MONDAY</b>  <b>Jacket Potato Day</b>                      Cheese                      Beans                      Tuna &amp; Sweetcorn  <b>Dessert</b> – Fruit Jelly</p>	<p style="text-align: center;"><b>MONDAY</b>  <b>Jacket Potato Day</b>                      Beans                      Bacon                      Tuna Mayo  <b>Dessert</b> – Ice Cream Pots</p>
<p style="text-align: center;"><b>TUESDAY</b>  <b>Main</b> – Pasta Bolognaise  <b>Veg</b> – Quorn Bolognaise  <b>Jacket Potato</b> – Tuna Mayo  <b>Dessert</b> – Apple Crumble &amp; Custard</p>	<p style="text-align: center;"><b>TUESDAY</b>  <b>Main</b> – Meatballs in Tomato Sauce &amp; Rice  <b>Veg</b> – Quorn Meatballs &amp; Rice                      Jacket Potato - Ham  <b>Dessert</b> – Chocolate Pudding &amp; Custard</p>	<p style="text-align: center;"><b>TUESDAY</b>  <b>Main</b> – Mild Chicken Curry, Rice &amp; Veg  <b>Veg</b> – Vegetable Curry  <b>Jacket Potato</b> – Cheese  <b>Dessert</b> – Fruity Cheesecake</p>
<p style="text-align: center;"><b>WEDNESDAY</b>  <b>Main</b> – Roast Chicken, Roast Potatoes &amp; Veg  <b>Veg</b> – Cauliflower Cheese  <b>Jacket Potato</b> – Ham  <b>Dessert</b> – Fruit Jelly</p>	<p style="text-align: center;"><b>WEDNESDAY</b>  <b>Main</b> – Roast Gammon, Roast Potatoes &amp; Veg  <b>Veg</b> – Ratatouille  <b>Jacket Potato</b> – Chilli  <b>Dessert</b> – Cookies</p>	<p style="text-align: center;"><b>WEDNESDAY</b>  <b>Main</b> – Ham, Mac &amp; Cheese  <b>Veg</b> – Mac &amp; Cheese  <b>Jacket Potato</b> – Tuna &amp; Sweetcorn  <b>Dessert</b> – Steamed Pudding &amp; Custard</p>
<p style="text-align: center;"><b>THURSDAY</b>  <b>Main</b> – Sausage, Mash &amp; Beans  <b>Veg</b> – Quorn Sausages  <b>Jacket Potato</b> – Tuna &amp; Sweetcorn  <b>Dessert</b> – Banoffee Pie</p>	<p style="text-align: center;"><b>THURSDAY</b>  <b>Main</b> – Chicken Pie, New Potatoes &amp; Veg  <b>Veg</b> – Cheesy Leek &amp; Potato Bake  <b>Jacket Potato</b> – Tuna &amp; Mayo  <b>Dessert</b> – Ice Cream Pots &amp; Fruit</p>	<p style="text-align: center;"><b>THURSDAY</b>  <b>Main</b> – Pasty Pie  <b>Veg</b> – Veg Ravioli  <b>Jacket Potato</b> – Ham  <b>Dessert</b> – Pick-up Muffins</p>
<p style="text-align: center;"><b>FRIDAY</b>  <b>Main</b> – Fish Finger &amp; Chips  <b>Veg</b> – Margherita Pizza Slice  <b>Jacket Potato</b> – Bacon  <b>Dessert</b> – Choc Fudge Slice</p>	<p style="text-align: center;"><b>FRIDAY</b>  <b>Main</b> – Sausage, Chips &amp; Veg  <b>Veg</b> – Veggie Burger  <b>Jacket Potato</b> – Bacon  <b>Dessert</b> – Pick-up Muffins</p>	<p style="text-align: center;"><b>FRIDAY</b>  <b>Main</b> – Fish Fingers &amp; Chips  <b>Veg</b> – Cheesy Pinwheel &amp; Chips  <b>Jacket Potato</b> – Chilli  <b>Dessert</b> – Cookies</p>

**Please note, no sandwiches (packed lunch) available this term due to decrease in numbers**

**Available daily:** Fruit yogurts, Fresh Fruit Salad and Salad Bar

## Free From / Vegan Menu – Spring Term (2) 2025

**Free From / Vegan Menu:** These menus should only be ordered from if you have an allergy or dietary requirement and the office have been informed.

Week One 24/02, 17/03	Week Two 03/03, 24/03	Week Three 10/03, 31/03
<b>MONDAY</b>	<b>MONDAY</b>	<b>MONDAY</b>
<p><b>Free From</b> – Jacket Potato with Ham  <b>Vegan</b> – Jacket Potato with Vegan Cheese</p>	<p><b>Free From</b> – Jacket Potato with Beans  <b>Vegan</b> – Jacket Potato with Beans</p>	<p><b>Free From</b> – Jacket Potato with Beans  <b>Vegan</b> – Jacket Potato with Beans</p>
<b>TUESDAY</b>	<b>TUESDAY</b>	<b>TUESDAY</b>
<p><b>Free From</b> – Pasta Bolognaise  <b>Vegan</b> – Quorn Bolognaise</p>	<p><b>Free From</b> – Meatballs &amp; Rice  <b>Vegan</b> – Quorn Meatballs &amp; Rice</p>	<p><b>Free From</b> – Chicken Curry  <b>Vegan</b> – Vegetable Curry</p>
<b>WEDNESDAY</b>	<b>WEDNESDAY</b>	<b>WEDNESDAY</b>
<p><b>Free From</b> – Roast Chicken &amp; Veg  <b>Vegan</b> – Cauliflower Cheese</p>	<p><b>Free From</b> – Roast Gammon &amp; Veg  <b>Vegan</b> – Ratatouille</p>	<p><b>Free From</b> – Mac &amp; Cheese  <b>Vegan</b> – Mac &amp; Cheese</p>
<b>THURSDAY</b>	<b>THURSDAY</b>	<b>THURSDAY</b>
<p><b>Free From</b> – Sausage, Mash &amp; Beans  <b>Vegan</b> – Quorn Sausage, Mash &amp; Beans</p>	<p><b>Free From</b> – Chicken Casserole  <b>Vegan</b> – Leek &amp; Potato Bake</p>	<p><b>Free From</b> – Beef Casserole  <b>Vegan</b> – Vegetable Ravioli</p>
<b>FRIDAY</b>	<b>FRIDAY</b>	<b>FRIDAY</b>
<p><b>Free From</b> – Fish Fingers &amp; Chips  <b>Vegan</b> – Vegan Pizza Slice</p>	<p><b>Free From</b> – Sausage &amp; Chips  <b>Vegan</b> – Veg Burger &amp; Chips</p>	<p><b>Free From</b> – Fish Fingers &amp; Chips  <b>Vegan</b> – Veg Nuggets</p>

**Daily Desserts:**

**Free From** – Jelly / Fruit Salad / Fresh Fruit      **Vegan** – Fresh Fruit / Fruit Salad

Please order your child's school meals on Parent Pay each week. Orders need to be submitted by Thursday evening at midnight for the full week ahead. Reception and KS1 are entitled to free school meals. Orders can be pre-ordered for the term ahead by changing the week commencing date on Parent Pay.